



Contact Address:
Cheshire Psychology/CTAD
PO Box 198, Malpas
SY13 9ED



www.cheshirepsychology.com
enquiries@cheshire-psychology.co.uk

The CTAD Clinic Service Referral Pathway

Download Dissociative Experiences Scale (DES) and Somatoform Dissociation Questionnaire (SDQ) from www.cheshirepsychology.com via the 'NHS Portal' page.

The referred patient completes both forms to be added to referral.

Referral for assessment of complex trauma and dissociation to contain:

- Name, age, DOB, address, NHS number, phone contact if available
- Family background
- History – social, employment, childhood
- Presenting issues
- Risk factors (e.g. self-harm, suicide)
- Medication
- Treatment attempted (e.g. CBT, DBT, EMDR)
- Services referred to (e.g. community mental health, IAPT)
- Admission history

If making an out of area referral to The CTAD Clinic, please send the above details to enquiries.cheshire-psychology@nhs.net - the referrer is responsible for providing funding for this referral, which can be completed via application to the local ICB Individual Funding Request process. Forms are available via your local ICB.

On receipt and acceptance of the referral by The CTAD Clinic, we will notify you by email that this has been received safely. Once funding has been confirmed (via your application to the relevant ICB), we will make contact with the patient within three days of receipt. An initial assessment will be scheduled within 12 weeks in writing, with a copy sent to referring team and GP (or discussion if needed).

The patient attends initial appointment after confirming via e-mail or phone with The CTAD Clinic, and if appropriate, the second appointment is booked with patient for the main diagnostic assessment using the Structured Clinical Interview for Dissociative Disorders. Following this, a report is written, shared and agreed with the patient and a copy sent to the GP. The report outlines diagnosis and any suitable recommendations for treatment, which is contingent upon the assessment and the recommendation of the CTAD Clinic.

If the patient already has a diagnosis of a dissociative disorder, the above is still required, and assessment will remain as first contact, to be reported back to the referring team and GP with the outcome and recommendations.

Dr Mike Lloyd, Consultant Clinical Psychologist, Director, The CTAD Clinic.

*Director: Dr M. Lloyd BA, M.Sc. D. Clin Psych (Birm).
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